

## **Health Policy: 1 March 2020, v1.0.**

The policy of Sally Cathcart Piano Studio is to adopt the procedures and advice by Public Health England, the NHS and the UK Department of Education.

As guidance continues to be updated, I will remain vigilant and communicate any necessary policy updates as these come through.

NHS information for all Parents can be found [HERE](#):

### **1. If your child and family have travelled to the affected COVID-19 areas, please follow current government advice.**

Category 1 countries: Travellers should self-isolate, even if asymptomatic, and call NHS 111 to inform of recent travel. Go home or to your destination and then self isolate.

Category 2 countries: Travellers do not need to undertake any special measures, but if they develop symptoms they should self-isolate and call NHS 111.

Most updated listings can be found [HERE](#):

**Please contact me via email xxxxx or mobile xxxx as soon as possible if your family has to self-isolate so that we can make alternative lesson arrangements.**

## **2. Prevention of Virus Spread**

### **2.1 Hand washing**

In the interest of everyone's wellbeing, I am requesting for all attendees of piano lessons to wash hands thoroughly (singing Happy Birthday x2 with soap and water) before lesson takes place.

**Studio pupils (including parent and any waiting sibling)** should wash hands at home just before leaving whenever possible.

If coming straight from another activity please do arrive a few minutes early to allow for hand washing at my house.

Hand sanitising gel is in short supply at the moment (!) and anyhow, hand washing is by far the best method.

## **2.2 During lesson**

I will continue to have tissues available during lesson to catch any sneezes, coughs and to maintain good hygiene. These will be placed into a plastic bag and thrown away.

## **2.3 Teaching environment**

I will wipe down piano keys using water and an antibacterial microfibre cloth between each lesson.

At the beginning and the end of each teaching day the keys, piano bench and door handles will be disinfected.

## **3. Future Travel Plans**

If you and/or your family have plans to travel abroad in the near future, please refer to the most current foreign travel advice here regarding health risks and any required procedures upon return: <https://www.gov.uk/foreign-travel-advice>

## **4. How you can help**

If your child has been off school due to illness please contact me to arrange an alternative lesson day. They should not attend their piano lesson as usual.

If they have a runny nose whenever possible please do equip them with their own tissues and hand gel.